

## COVID-19 International Student Well-being Study

<b>Duration</b>	April 2020 – (approx.) December 2020 (9 months)
<b>Funding</b>	In house financing
<b>(Research Consortium)</b>	<p>P.I.'s : Prof. Sarah Van de Velde, Prof. Edwin Wouters and Dr. Veerle Buffel, University of Antwerp, Belgium;</p> <p>Partner: Germany: Charité – Universitätsmedizin Berlin, Institute of Health and Nursing Science, Heinrich-Heine-University Duesseldorf, Martin-Luther-University Halle-Wittenberg, University Siegen, University Bremen und further partner universities in more than 20 countries</p>
<b>Team</b>	<p>Prof. Dr. Christiane Stock (lead), Dr. Stefanie Helmer (research team)</p>
<b>Description</b>	<p>This study collects data on well-being of students in higher-education during the COVID-19 pandemic in more than 20 countries.</p> <p>A focus on the student population in higher education is valuable because this sub-population is impacted by the current COVID-19 outbreak in a unique way, as they are confronted with university-level measures on top of the general national measures (social distancing, lockdown, etc.). The current research team hypothesizes that the national and university-level measures significantly impact the well-being of university students. We intend to identify how the COVID-19 outbreak relates to students' well-being. This general research aim is translated into the following research objectives:</p> <p>RO 1: Assess how the living conditions (physical and SES) (1) and workload (2) of higher-education students changed during the COVID-19 outbreak.</p> <p>RO 2: Assess how the changes in (1) and (2) relate to stress levels (3) among higher education students during the COVID-19 outbreak.</p> <p>RO 3: Assess how the changes in (1), (2), and (3) relate to well-being, mental health, and health behavior in higher education students during the COVID-19 outbreak.</p> <p>RO 4: Assess how the associations described in RO 3 are mediated by stressors (fear of infection, boredom, frustration, inadequate information, etc.), social support, and COVID-19 knowledge.</p> <p>RO 5: Assess the variation in well-being and mental health among higher-education students across participating higher-education institutions and countries.</p> <p>RO 6: Assess how the cross-institution and cross-country variation in well-being and mental health in higher education students can be related to varying (a) levels of higher-education and (2) national policy contexts.</p> <p>An online survey will be used to collect data among the student population in order to answer our research questions. The resulting data will allow to describe the living conditions and well-being before and during the COVID-19 outbreak in different student populations. Descriptive analyses and multi-level regression models will be conducted to investigate variations and associations in different political contexts.</p> <p>Further information on the study and the participating universities can be found here: <a href="https://www.uantwerpen.be/en/research-groups/centre-population-family-health/research2/covid-19-international/">https://www.uantwerpen.be/en/research-groups/centre-population-family-health/research2/covid-19-international/</a></p>
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