

- Project:** **School Nursing at General Schools (SPLASH)**
- Duration:** September 2016 to August 2018
- Funding:** Funded by Hessische Arbeitsgemeinschaft für Gesundheitsförderung e.V. (HAGE)
- Direction:** Univ.- Prof. Dr. Michael Ewers / PD Dr. Antje Tannen
- Scientific associates:** Yvonne Adam MA and Jennifer Ebert MPH

Description:

The health and education chances of children and adolescents are linked closely, and both are adversely affected by poverty and other social factors. In addition, the general change in the morbidity spectrum also affects children and adolescents, for example, with a marked increase in chronic illnesses in childhood. However, especially in early life years, there are still good opportunities for influencing health and education opportunities as well as the prevention and mitigation of negative effects of chronic health impairments. Not least because children and young people spend a lot of time in schools, this setting is becoming more and more the focus of attention.

In many countries, the use of nurses in public schools has proven to be beneficial to health and preventive potential in the childhood and adolescents, as well as to control age- and setting-specific health risks, as well as to help students, parents and teachers deal with the effects of chronic diseases support. These international experiences are to be taken up in two federal states - Brandenburg and Hessen. Within the framework of a pilot project conducted by the AWO Bezirksverband Potsdam e.V. and the HAGE e.V. Frankfurt / Main as the sponsor of the pilot project, 10 school health specialists in 10 schools or school alliances are expected to meet a wide range of health-related tasks adapted to their respective requirements and general conditions. The project promoters cooperate closely with the responsible state ministries for education and health and other cooperation partners in the development and implementation. The AOK Hessen supports this model project decisively.

The cross-country model experiment is subjected to participatory scientific monitoring and evaluation. It serves to analyze the initial situation at the participating schools, reflective implementation support, as well as an initial classification and evaluation of health effects observed during the model period. In addition to regular consultations with the project managers, standardized surveys are carried out for a before-after comparison. In addition, subjective assessments of pupils, teachers, parents and school health specialists are to be collected during the course of the pilot project.

According to the model phase, scientific information on the conditions of success for the use of the school health specialists in general schools in Germany are expected from the scientific accompanying research, as well as initial findings about their possibilities for influencing health and educational opportunities as well as coping strategies in dealing with chronic diseases in the setting school. It is also of particular interest from the perspective of health and nursing science that opportunities for the expansion of their traditional range of intervention are maintained by nurses in the schools and how they use them to contribute to the promotion of public health in the school setting in the sense of "public health nursing".

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